

HIGHLAND DISTRICT HOSPITAL

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FOR IMMEDIATE RELEASE

New Behavioral Health Services at Highland District Hospital



Pictured: At a recent informational session educating community partners about the new outpatient program, Cathy Faulconer, Director of Nursing, addressed attendees and answered questions about the program.

Hillsboro, Ohio – February 24, 2020- For over 100 years, Highland District Hospital has centered itself around the needs of the community- focusing on services that advance the health and well-being of those they serve. Recognizing the substantial need for diverse, behavioral health services in our area, they will begin an intensive outpatient program, *Highland District Hospital Pathways to Wellness*, beginning March 2, 2020. This program will be led by Dr. Ramesh Shivani, who has served as a leader in psychiatric services within our community for over 19 years, and will focus on the treatment of individuals who need monitored, daily support, and assistance adjusting to life’s changes associated with aging, such as depression and anxiety. “Depression and anxiety are not normal at any age. This program is designed with one goal in mind- to help patients safely return to their optimal style of living,” stated Patsi Dick, Registered Nurse and Program Manager. This new, outpatient therapy service also helps individuals to better care for themselves and follows their primary care physician’s directions toward overall better health. “We will be working directly with each patient’s primary care provider to



make sure they are aware of treatment goals and medication management implemented by our team. That comprehensive approach to care makes our treatment unique to each individual participating,” stated Program Therapist and Licensed Social Worker, Teresa Shriver. The new program offers group, individual, and family therapy, in addition to medication management in a multi-disciplinary team approach designed to ensure the best possible patient care. Referrals can be made to the program by anyone, including patients. If you know someone who might need structured guidance and regular attention of experienced professionals, please contact the office located on the second floor of Highland District Hospital at 937.840.6581.

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